

Behaviour-Based Safety Overview

Practically all accidents in the workplace are the direct result of human behaviour.

Even with engineering, education and management systems accidents still happen. Why? Quite simply, most at-risk behaviour (the behaviour that causes accidents) is quicker and it requires less effort. This means the consequences are positive, immediate and certain (PIC). PIC consequences are the most powerful consequences for increasing behaviour. So, despite the above systems our behaviour will naturally follow the quickest and easiest path because of the positive consequences. Unfortunately this is often the at-risk path - the path that leads to accidents.

To manage safety we encourage safe behaviour by using the **DO-IT** Process.

The **DO-IT** Process for Safety

The **DO-IT** process is the process to target and provide positive consequences for those critical safe behaviours. The process is continuous and involves four steps:



